

# COPARENTING IKIGAI.ORG



Our vision is a world where families are whole, cycles of incarceration are broken, and communities stand united in resilience and compassion. Co-parenting Ikigai strives to create a future where every parent returning from incarceration is empowered to rebuild healthy relationships, every youth is guided toward hope instead of prison, and every individual finds safety, support, and purpose. Through education, mentorship, and rapid response, we envision communities that thrive on connection, healing, and shared responsibility.

MONIQUE KOGER, CEO & CO-PARENTING FACILITATOR  
ROBERT WILLIAMS, PRESIDENT & LEAD GROUP FACILITATOR



## Definition of Ikigai

Ikigai is a Japanese concept that means 'reason for being,' reflecting a life filled with purpose and joy.



## Key Elements of Ikigai

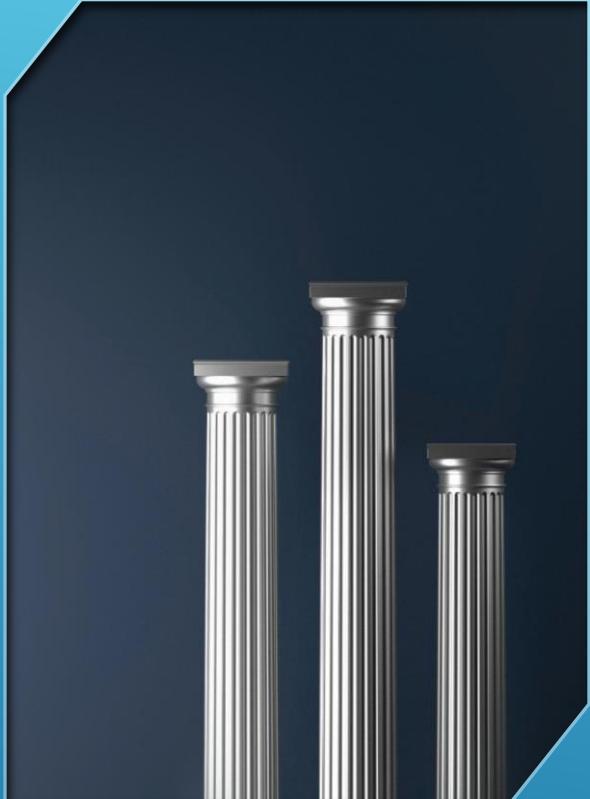
Ikigai sits at the intersection of what you love, what you are good at, what the world needs, and what you can be paid for.



## Benefits of Finding Ikigai

Discovering your ikigai brings fulfillment, ongoing motivation, and a stronger sense of purpose in everyday life.

# UNDERSTANDING IKIGAI



### **Family Reunification Services**

Empowering parents re-entering society after incarceration, parents with a history of domestic violence history and teenage parents by providing co-parenting educational workshops, mediation, and ongoing support, fostering healthy relationships and stable homes.

### **Breaking the Cycle of Incarceration**

Reduce adult incarceration by mentoring and supporting at-risk juveniles, with a strong emphasis on anti-bullying, while offering a safe space for individuals experiencing post-incarceration syndrome through our dedicated MAN TIME division.

### **Community Rapid Response**

Acting as a community-first rapid response team, delivering aid and resources to individuals and families in urgent need, ensuring no one faces hardship alone.

# **THREE PILLARS OF SERVICE**

## Conflict Mediation Services

We refer clients to M.A.R.C.H. Mediation and those who do not qualify for M.A.R.C.H., we offer a professional mediator to facilitate constructive dialogue at absolutely no cost. Our goal is to reduce tension between co-parents and foster healthy family dynamics. Our goal is to have those who attend our workshops to complete a parenting plan to be filed with the courts.

## Co-Parenting Workshops

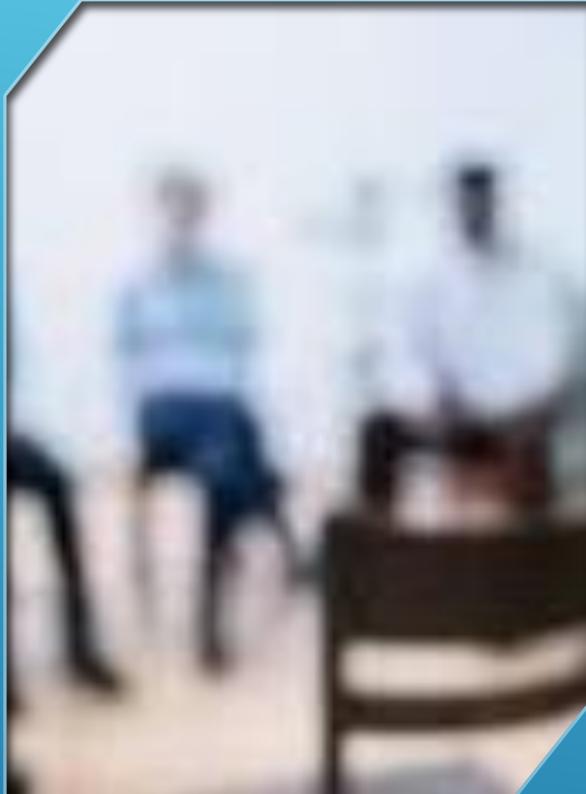
Our goal is to equip parents with practical skills to co-parent effectively after incarceration, and/or a history of domestic violence, and/or teenage. Mother's Workshop every 2<sup>nd</sup> Saturday 10a-2p.  
Father's Workshop every 4<sup>th</sup> Saturday 10a-2p.

## Child and Parent Bonding Activities

Strengthen emotional connections between children and parents returning to the community from incarceration through family activity days (arts, fishing, sports, storytelling, etc.)

# FAMILY REUNIFICATION ESSENTIALS

## **Supporting Post-Incarceration Recovery**



MAN TIME provides a safe environment, bi-weekly sessions, and peer support for men coping with Post-Incarceration Syndrome. Every 2<sup>nd</sup> and 4<sup>th</sup> Sunday of the month, 2p-4p.

## **Empowering Youth Through Mentorship**

Juvenile Mentorship and Intervention guides Kansas City youth toward positive life choices, helping reduce recidivism with an emphasis on anti-bullying.

## **Building Accountability and Resilience**

Programs focus on mental health, accountability, and resilience, helping individuals overcome challenges and break negative cycles.

# **BREAKING THE CYCLE OF INCARCERATION**

## **Urgent Aid Delivery**

The team provides rapid emergency assistance.

Example: If there is a mother fleeing from Domestic Violence and/or Human Trafficking and the shelters are filled. We will stand in the gap and pay for a hotel until a shelter spot opens.

Example: A young man is returning to the community, approved to attend CDL school, and the only barrier is paying the \$45 DMV fee to receive the CDL permit. We will stand in the gap and pay the fee.

## **Free Emergency Shelter Resources**

By Winter 2026, partnerships with local houses of worship (such as Rev. Fikki, UNITY Southeast in Kansas City) who are willing to open their doors to shelter houseless individuals in the Greater Kansas City area, we will provide them with the resources (blankets, sleeping mats, etc.) at no cost to establish an emergency shelter within 8 hours of request.

## **Transitional Housing Allocation**

In 2026, acquiring a school or multi-family unit to provide safe, stable transitional housing for houseless individuals and families impacted by incarceration, as well as U.S. Veterans suffering a crisis. Providing a Pathway to Permanent Housing with partnerships with housing authorities and landlords.

# **RAPID RESPONSE TEAM IMPACT**

## Community Fundraising Efforts

Our mission is supported by donations and our annual fundraiser, **Date with Dad Gala on June 20, 2026, to be held at the Keystone CoLAB, 800 E. 18<sup>th</sup> St. Kansas City, MO 64108. Ticket cost \$150 (includes a made-to-measure Tuxedo for Dad, donated by Amor Suits.)**

## Free Home and Lot Clean Outs

XGR Landscape understands the impact of giving back to the community. They are generously offering FREE home and lot clean out comprehensive services. All donations received for services received will go to provide positive impact to the Greater Kansas City area.

## Lake Rental Apartment and Merchandise

When not occupied for emergency shelter for women and children our lake apartment near the Chiefs stadium is also available for bookings to generate revenue. Our MAN TIME hoodies and t-shirt merchandise sales helps us to assist more families.

## All-Volunteer Staff

**We currently operate with no paid staff, relying entirely on volunteers to fulfill our mission. We are looking for organizations to partner with local, state and federal grants.**

# HOW OUR MISSION IS FUNDED

# COPARENTING IKIGAI.ORG



CONTACT US:

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816.699.1906

THANK YOU FOR YOUR TIME