SOCCEED, Systems of Care in Community Emergent Events and Disasters

Meeting Summary for 11-17-2026

Next Meeting is: 12-15-26 ("Un-Meeting"), Next "Official Meeting" is: 1-19-27

Thank you to everyone who attended the meeting and/or provided information before, during, or after. The information shared today will have a positive impact on all our communities. Thank you also for the many great questions and comments that generated some excellent discussions.

The following is a summary of today's meeting and information shared after the meeting:

> **Our meeting was the week prior to Thanksgiving and was a shorter presentation because we know so many of you are busy with clients and preparing for the holiday. The SOC focused on Care for the Caregivers. Too often in our pursuit of helping others, we forget about ourselves. Work stressors, family obligations, financial and health problems all pile up and impact the good work that each of us does. This month, we focused on the caregivers who sacrifice so much and ask for so little (if anything). Our scheduled speaker could not be with us but two slide shows were shown on the planned topic as well as a clip from a pertinent podcast. Presentations included but were not limited to things such as:**

- **Information about recognizing responder fatigue**
- **Practical ways to resolve responder fatigue**
- **What we can do to try and prevent responder fatigue**
- **The slide decks will be posted to our website as will the recording link.**

- **The following resources were shared during or after the meeting:**
  - **Natali Cordova with Easterseals Midwest reported that her organization is offering a 10-week class on Nurturing Parenting. For more information on this please reach out to Natali at: natali.medinacordova@esmw.org.**

- **Lorie Snyder with the Health Department reported they are able to provide flu shots on a regular basis. For more information on this please reach out to Lorie at: Lorie.Snyder@kcmo.org.**
- **The SOC is still helping with holiday needs. Please email Jennifer at: Jennifer.LHeureux@dmh.mo.gov with what is needed. Reiterated was the fact that there are fewer resources available to help individuals and families in need this holiday season. Also reiterated that the Ray Way Resource Directory is an initiative of the SOC and is a weekly directory with 24+ categories of help including "Holiday Help." This is updated weekly and uploaded on Sunday evenings.**
- **Next Meeting is: 12-15-26 ("Un-Meeting"), Next "Official Meeting" is: 1-19-27**
  An "un-meeting" is our tradition for the month of December in that we do not have a formal meeting because it is so close to Christmas. Instead, the room is open if anyone needs anything, has a family that really needs some resources, etc. There is no agenda, guest speaker, etc. Our next formal meeting will be on January 19th at 1 p.m. on Webex.
- **As a way to show our appreciation to any active SOC member, we are able to provide a $25 Walmart E-Card directly to you as a small way of thanking you for all that you do. Please email Jennifer!**

Thank you everyone for your time today and please never hesitate to reach out if the SOC may assist you!

Sincerely,

Jennifer L. L'Heureux, Ph.D.

Systems of Care in Community Emergent Events and Disasters-Chair (www.jacksoncountysoc.com)

Chief of Children's Community Operations-MO DMH-DBH

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